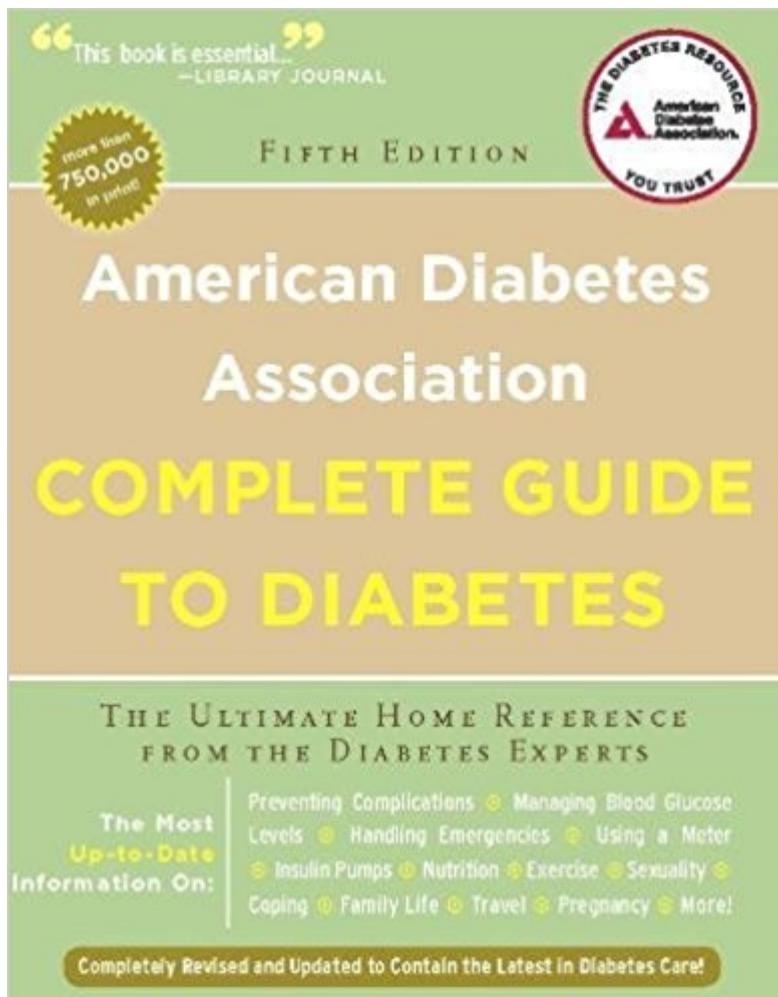


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# American Diabetes Association Complete Guide To Diabetes: The Ultimate Home Reference From The Diabetes Experts (American Diabetes Association Complete Guide To Diabetes)





## **Synopsis**

The American Diabetes Association—the nation's leading health organization supporting diabetes research, information, and advocacy—has completely revised this comprehensive home reference to provide all the information a person needs to live an active, healthy life with diabetes. Now in its fifth edition, this extensive resource contains information on the best self-care techniques and the latest medical advances. For people with diabetes, this extraordinary guide will answer any question. Topics include the latest on self-care for type 1, type 2, and gestational diabetes; new types of insulin and medications; strategies for avoiding diabetes complications; expanded sections on meal planning and nutrition; and tips on working with the health care system and insurance providers.

## **Book Information**

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## **Customer Reviews**

This well-designed, very clearly written compendium encourages diabetics "to mesh the day-to-day management of diabetes" into the routine of their lives. Chapters move from "What Is Diabetes?" (with discussion of causes and effects of Type I, Type II and gestational diabetes) to a glossary, an appendix on self-monitoring and injection techniques and a list of resources and organizations. The intervening chapters cover the means by which the goal of personal, daily diabetes management can most effectively be reached. One's personal physician, dentist, podiatrist, pharmacist and dermatologist are portrayed as members of a health-care team captained by the patient. Insulin

types and use, glucose control, medications, test strips and blood-glucose meters (where to buy and how to use) are thoroughly examined. Intensive diabetes management (tight glucose control) rates its own chapter; "Diabetes and Sex" covers common problems encountered by both genders. Fitness and nutrition for the diabetic are considered, as are such complications as infections, retinopathy and neuropathy. A model of clarity in prose and design, this overview effectively helps its readers pursue the goal of "living well with diabetes." Copyright 1996 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

âœAn indispensable new reference.â•â " Consumer Reports on HealthâœA model of clarity in prose and design.â•â " Publishers WeeklyâœA comprehensive, all-in-one guide to diabetes.â•â " Pharmacy Times --This text refers to an out of print or unavailable edition of this title.

This is a great users guide & reference manual. I recommend this book for anyone that needs amplification regarding the many aspects of diabetes. If you know anyone recently diagnosed, or "lacking in knowledge" this is the book for them.

I was hoping for a little more after care/diabetes management with this book but overall it's pretty comprehensive. It spends a lot of time explaining the disease which is great as an introduction to those new to diabetes. Overall, I'm glad I bought it and it's helpful.

This book was very helpful to me. I was diagnosed during pregnancy as a gestational diabetic. I needed info about diabetes quickly, so I could learn to manage my blood sugar. Uncontrolled blood sugar can cause some very serious health risks for both mom and baby. This book helped me tremendously. I recommend this to anyone with diabetes. It's very useful.

It cost only \$4.03. The copyright was from 1996, so much of the med info was outdated. However, there was a lot of valuable info despite the age. Diabetes is diabetes & that doesn't change. It is a wonderful resource, especially for the money. We went to a Barnes & Noble bookstore, & most of the books had copyrights of 10 years ago or longer.

This book is extremely informative with clear-cut and concise evidence-based diabetes knowledge for those who are just learning about diabetes as well as those who have had it for years. This is a book for ANYONE who wants to know more about diabetes and its treatment. I highly

recommend it.

Such great info in this book. I have gone back to this book several times and looked things up after being to my Dr. So much information. Must buy for anyone dealing with this issue.

I ordered the American Diabetes Association Complete Guide To Diabetes when my wife was diagnosed with type 2 diabetes. We knew very little about the disease. I highly recommend this book! It was very informative, but in terms that I could understand. If you have questions about diabetes, this book can help you to understand the answers and even point you to possible conversations you may need to have with your doctor.

The best volume of Diabetes and its Treatment since "Johns Hopkins Guide to Diabetes" published back in 1997. As a person having Type 1 diabetes since 1955, this is a jewel to have in my library !

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